

# The Gut Check's RB Scouting Analysis

|         |              |         |           |           |            |              |           |
|---------|--------------|---------|-----------|-----------|------------|--------------|-----------|
| Name:   | Albert Young | School: | Iowa      | Opponent: | Iowa State | Surface:     | Grass     |
| Height: | 5-10         | Year:   | Junior    | Score:    | 27-17      | Climate:     | Sunshine  |
| Weight: | 209          | Date:   | 9/16/2006 | Location: | Iowa       | Temperature: | Temperate |

**Overall Score:**

**83**

3

**Power Score :**

Leg power, drives through arm tackles [1pt]:

No

Effective stiff arm [1pt]:

No

Initiates contact, runs behind pads, and punishes defenders [1pt]:

No

Good body lean/Finishes runs [3pts]:

Yes

Gains yards after contact/second-third effort runner [7pts]:

No

**Balance Score :**

9

High performance in adverse conditions [1pt]:

N/A

Maintains balance when hit head-on [1pt]:

Yes

Maintains balance when hit from an indirect angle [7pts]:

Yes

**BHandling Score :**

15

Carries ball with either hand [1pt]:

Yes

Consistently handles QB/RB exchanges [3pts]:

Yes

Demonstrates ball security [3pts]:

Yes

Maintains control of ball when hit [7pts]:

Yes

Maintains control of ball in adverse weather conditions [1pt]:

N/A

**Speed Score :**

11

Effective short area burst [7pts]:

Yes

Separates from 1st and 2nd wave of defenders [1pt]:

Yes

Effective outside runner [3pts]:

Yes

**Vision Score:**

11

Makes good decisions with where to run [7pts]:

Yes

Patience in traffic (sets up blocks) [3pts]:

Yes

Takes good angles away from defenders in the open field [1pt]:

Yes

**Elusiveness Score :**

16

Effective lower body jukes while on the run [3pts]:

Yes

Effective upper body jukes while on the run [1pt]:

Yes

Avoids direct shots [7pts]:

Yes

Effective stop-start movements [2pts]:

Yes

Effective lateral movement [3pts]:

Yes

**Blocking Score :**

0

Correct diagnosis of blocking assignments [1pt]:

No

Effort with assignments [3pts]:

No

Willingness to block in the open field and on broken plays [1pt]:

No

**Receiving and Routes Score :**

8

Consistently makes receptions on catchable balls [3 pts]:

Yes

Makes difficult catch [1pt]:

Yes

Catches ball effectively with back to the quarterback [1pt]:

No

Consistently catches ball with hands and without juggling [1pt]:

Yes

Consistent target in the passing game [3pts]:

Yes

Runs precise routes [1pt]:

No

**Durability Score :**

10

Missed fewer than 10% of opportunities to play [1pt]:

Yes

Performs at high level while playing with an injury [1pt]:

Yes

No chronic injuries (Two or more injuries to same body part) [1pt]:

Yes

No injuries requiring extensive rehabilitation [7 pts]:

Yes

## Game Stats

|                 |    |
|-----------------|----|
| Attempts:       | 18 |
| Rush Yds:       | 57 |
| 1st Downs:      | 5  |
| Rush Tds:       | 0  |
| Target:         | 5  |
| Rec:            | 5  |
| Rec Yds:        | 28 |
| Rec Tds:        | 0  |
| Fumbles:        | 0  |
| Broken Tackles: | 1  |
| BLKs Assigned:  | 0  |
| BLKs Made:      | 0  |

## The Gut Check's RB Scouting Profile

Name:

Albert Young

Date:

9/16/2006

Opponent:

Iowa State

Overall Strengths:

Young should contribute at the NFL level, but how much is dependent on his ability to break tackles as a pro. He is undersized, but has enough body weight and leverage to be effective between the tackles in offenses that emphasize the short passing game. He catches the ball well and has very quick moves in the open field. His balance and short-area quickness are the strengths of his running style. He can make players miss and is able to avoid receiving the full impact of hits and maintain balance for extra yardage. This is a tough, high-effort player that can make a difference for an NFL team at least as third down back. He lies along the spectrum of Kevin Faulk and Brian Westbrook in terms of his skill sets.

Overall Weaknesses:

The average-sized college linebacker can bring Young down rather easily. He doesn't generate a lot of power behind his pads. There may be a significant disparity between his listed size and actual size. If so, teams may downplay his potential as an inside runner on the pro level. They will also question his pass blocking skills because he's used more often as a receiver at Iowa and pro evaluators will wonder if Young can handle the larger pass rushers in the NFL.

Power:

Young ran well behind his pads on his first attempt of the game--a run up the middle where he kept his body lean forward and head low. He drove his legs and got three extra yards and the first down after the initial hit. He's listed as 5-10, but more likely 5-7 or 5-8. He does have powerful legs and runs with good balance. Good second effort on the a 2nd and 1 from inside the five to get low and keep his legs moving for the first down to open the 4th QTR. His power is best used when behind blockers and pushing a pile. If he's grabbed by the waist or upper body, he can be thrown down by a linebacker on a consistent basis.

Ball Handling:

Young carried the ball under a different arm on consecutive attempts during the first drive. Despite this fact, he carried the ball with his right arm on both receptions although he was running along the left sideline.

Elusiveness:

Young made a very nice, subtle cutback at full speed on a run up the middle that helped him gain 7 yards on a first down run. He has good stutter step moves and runs with both a good upper and lower body wiggle. Although the play was called back on a penalty, Young took a broken play for score because of his short area quickness. The center snapped the ball away from the QB and it fell to the ground. Young picked it up made a jump cut right, then left, then back to the right and outran the defense for a 20-yard score.

Balance:

Young fell twice on runs during the first drive after he attempted to plant and cut near the line of scrimmage. He showed excellent balance on his first pass reception--a screen pass on 2nd and 4 with 4:53 left in the 1st QTR. He caught the ball, turned upfield to see an LB charging him, and ducked under the LB's tackle to the extent that the LB got his shoulder pads and spun Young towards the sideline. But Young bent his knees, and slipped the attempt before turning upfield and gaining another 10 yards after the hit. The LB that missed him led the nation in tackles per game at that time. He's very good at spinning away from the full impact of a hit.

Speed:

Young has the burst, speed, and short area quickness to gain yardage. His short area quickness might be his best trait as a runner.

Blocking:

Young is used as a receiver out of the backfield on nearly every passing attempt when on the field.

Vision

Young did a great job exploiting an opening midway through the hole on a 1st and 10 run with 5:30 left in the 1st QTR. This opening helped him gain another 4 yards on what might have ended up a 3-yard run without spotting it.

Receiving and Routes:

Young got a first down on a screen pass with 4:54 left in the 1st QTR after catching the ball with his hands--facing the QB--then turning upfield for the first down. Young caught a flat route in the slot and turned the corner for a first down. His third reception was a screen that was blown up in the backfield. He went in motion and caught a route in the flat, but didn't run the route deep enough to get the first down. When he caught the pass, the defender immediately brought Young down shy of the first down marker. Young was targeted on a 3rd and 2 route, but he broke the wrong way on the route with 10:30 left in the game.

Durability:

Young is a tough runner who plays hard and shows he can take punishment. Whether NFL teams believe he'll be able to do the same as a pro, especially if he doesn't live up to his listed size, is a key question.